

## Sample Client Schedule

Year: 2020

May	June	July	Aug
<p>5/5/20- Client initial appointment with Dr. Burnes (3hrs)</p> <p>5/6/20- Client will receive follow up email with next scheduled follow-up date</p> <p>5/6/20- Client will receive instant credit to train with DSJ Fitness</p> <p>5/12/20- Weekly telehealth support begins to keep client motivated and on track</p>	<p>Ongoing weekly support (dietary &amp; exercise regimen)</p> <p>Meal Delivery Service Begins</p>	<p>Ongoing weekly support (dietary &amp; exercise regimen)</p> <p>1/30/20 -Lipid Panel &amp; CRP Lab Test Completed</p>	<p>Ongoing Weekly Support (dietary &amp; exercise regimen)</p> <p>8/15/20- Follow up appointment with Dr. Burnes (60 mins, telehealth)</p>

September	October	November	December
<p>Ongoing Weekly Support (dietary &amp; exercise regimen)</p> <p>Meal Delivery Service Ends (unless extended)</p>	<p>10/15/20- Eval &amp; Assessment with LPN (60 mins, telehealth)</p>	<p>Ongoing weekly Support (dietary &amp; exercise regimen)</p> <p>11/30/20- Lipid Panel &amp; CRP Lab Test Completed</p>	<p>12/15/20- Follow up appointment with Dr. Burnes (60 mins, telehealth)</p>

January	February	March	April
<p>Ongoing Weekly Support (dietary &amp; exercise regimen)</p> <p>1/30/21 -Lipid Panel &amp; CRP Lab Test Completed</p>	<p>Ongoing Weekly Support (dietary &amp; exercise regimen)</p>	<p>Ongoing Weekly Support (dietary &amp; exercise regimen)</p>	<p>4/15/21 -Lipid Panel &amp; CRP Lab Test Completed</p> <p>4/30/20- Close out session with Dr. Burnes (60 mins, telehealth)</p>